## ASSESSMENT & ENCOUNTER CHECKLIST*

<table>
<thead>
<tr>
<th>Date of Patient Encounter:</th>
<th>Patient Status</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>All Patients:</strong></td>
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<tr>
<td>(See also section 3.2 Assessment of Tobacco Use and Exposure)</td>
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<tr>
<td>Ask about tobacco use currently and historically.</td>
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<tr>
<td>Ask about respiratory symptoms or other tobacco-related symptoms.</td>
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<tr>
<td>Ask about risk factors – personal, familial, and environmental.</td>
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<tr>
<td>Ask about history of current depression, panic attacks, and PTSD.</td>
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</tbody>
</table>

### For Patients Who Are Current Tobacco Users:

- Measure nicotine dependence severity (FTND)
- Measure nicotine withdrawal symptoms (NWS)

Tobacco-Dependence Treatment Progress:
- **S** – Treatment Successful; patient not smoking.
- **I** – Treatment Initiated/In process.
  - Discuss what is working, what is not, how to make changes.
- **LM** – Patient has lost motivation.
  - Explain that most who successfully stop tobacco use have tried three or more times previously. This is not a failure, just one step on the road to eventual success. Provide motivational patient education materials.

### For Patients Who Are Former Tobacco Users:

- Measure nicotine withdrawal symptoms (NWS)

- Is the patient continuing to be tobacco-free?
  - **Yes** – Not smoking at all
  - **No** – Lapse/Relapse
  - Reassess treatment plan and revise pharmacological or behavioral management, or both. Provide motivational patient education materials.

### All Patients:

- Assess whether the patient needs spirometry and review of his or her "Lung Age."**
- Assess whether to measure SpO₂
- Update Medical Problem List for all current diagnoses*
- Update and revise medical treatment plan for all diagnoses, including tobacco dependence, as needed*

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* See Section 1.3 Billing and Coding for instructions on how to determine and apply correct ICD-9 CM diagnostic codes and CPT E/M codes.

** See Lung Age section in §1.6 Treatment Process and Approach